



Mathews

WHOLE PERSON MEDICINE



WELCOME TO THE 70s CLUB



Surrey based Business Woman Josephine has just joined the 70s club and is enjoying perfecting new gymnastic techniques!

“Life takes on a different perspective when you join the 70s club and there are still things you can do at 70 you could not do at 3 ½!”

“Thanks to Mark Mathews I am still going up in the world being a new member to the 70s club as well! I am self-employed and need to continue working at my optimum level for many years to come. I also have grand children so I need maximum energy and mental flexibility to really enjoy them and take on the new challenges they may bring.

Mark has helped identify and remedy imbalances structurally, nutritionally and neurologically combining a range of therapies to match my individual health needs including osteopathy, homeopathy,

nutrition, acu-pressure, NLP. I sleep well, have huge amount of energy, focus and compassion. I am confident and can cope with most situations.

Give him a try! Sophia, my 3 year old grand-daughter was “*Sorry Grandma was not quite straight when I took the photo – we were laughing too much!*”

Editor’s Note: For more information contact Patricia Murray Cox at patricia@mathewswholepersonmedicine.com